

# May Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Cheese Tortellini in Marinara Sauce Or Pesto butter Sliced carrots	2 Beef Bolognese (Pasta w/ meat sauce) Corn On Cob	3 Pizza Bagels Black beans	4 Roast Chicken Farfel Green beans	5 Cheese Potato Blintzes Apple sauce	6
7	8 Baked Ziti Peas & Carrots	9 Hamburger Hot dogs French fries beans	10 Sicilian Pizza/ Regular/ White Cheese Black beans	11 Spaghetti & Meatball Peas & Carrots	12 Pancakes & French Toast Peas	13
14	15 Macaroni & Cheese Vegetables	16 Chicken Nuggets Corn on cob Carrots	17 Sicilian Pizza/ Regular/ White Cheese Black beans	18 Shawarma Rice Sesame free Chumus, Pita	19 Bagels, Tuna, egg salad, American cheese Tomatoes	20
21	22 Cheese Ravioli Marinara Sauce Vegetables	23 Beef Taco Rice Corn nibletts	24 Pizza Bagels Black beans	25 <b>Early dismissal</b> Falafel, sesame free chumus Potato Burekas Israeli salad	26 <b>NO SCHOOL Shavuot</b>	27
28	29 <b>NO SCHOOL Memorial Day</b>	30 Sloppy Joes, WW bun Orzo Corn nibletts	31 Sicilian Pizza/ Regular/ White Cheese Black beans			

*Available Daily*

**SALADS PREPACKED**

Mixed greens, diced tomatoes, sliced cucumbers.

*ONE daily -- selected from the following:*

Israeli salad, Broccoli, Chickpeas, Baby corn, Green peas, Peppers, Edamame, Mixed Veggies, Cole slaw, Pickles, Couscous, Quinoa, Freekah, Kidney beans, Raisins, Corn.

*Dressings: PACKAGED*

French (Lite), Italian (Lite), Honey mustard, Raspberry vinaigrette, Balsamic vinaigrette.

**FRUIT**

*Selected from seasonally available varieties:*

Banana, Watermelon, Pineapple, Peaches, Apples, Oranges, Grapes, Applesauce, Cantaloupe, Honeydew, Fruit Cocktail.

**ALSO AVAILABLE UPON REQUEST**

**ALL FOOD IS UNDER THE SUPERVISION OF THE Vaad HaRabonim of MetroWest. ALL FOOD PROVIDED BY SHIMTAL CATERER**