

March Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Sicilian Pizza/ Regular/ White Cheese Green beans	2 Spaghetti & Meatballs Peas / Carrots	3 Cheese Quesadillas Veggie Taco Rice	4
5	6 Falafel, sesame free chumus Potato Burekas Israeli salad	7 No School Happy Purim	8 Sicilian Pizza/ Regular/ White Cheese Green beans	9 Beef Bolognese (Pasta w/ meat sauce) Corn On Cob	10 Cheese Or Potato Blintzes Sour cream	11
12	13 Macaroni & Cheese Black beans	14 Chicken Nuggets Couscus Carrots	15 Pizza Bagels Peas	16 Sliced Turkey or Salami on Whole Wheat Bread Pickles, Coleslaw	17 Pancakes & French Toast Peas & Carrots	18
19	20 Cheese Tortellini in Marinara Sauce Or Pesto butter Sliced carrots	21 Sloppy Joes, WW bun Orzo Corn nibletts	22 Sicilian Pizza/ Regular/ White Cheese Green beans	23 Schwarma Rice, Chumus Pita, Vegetables	24 Grilled Cheese Baked potato Broccoli	25
26	27 Baked Ziti Peas & Carrots	28 Roast Chicken Farfel Green beans	29 Sicilian Pizza/ Regular/ White Cheese Green beans	30 All beef burgers Hot dogs French fries	31 Fish Sticks Mashed Potato Baby corn	

Available Daily

SOUP OF THE DAY

SALAD BAR

Mixed greens, diced tomatoes, sliced cucumbers.

Two options daily -- selected from the following:

Israeli salad, Broccoli, Chickpeas, Baby corn, Green peas, Peppers, Edamame, Mixed Veggies, Cole slaw, Pickles, Couscous, Quinoa, Wild rice salad, Kidney beans, Raisins, Corn.

Dressings:

French (Lite), Italian (Lite), Honey mustard, Raspberry vinaigrette, Balsamic vinaigrette.

FRUIT

Selected from seasonally available varieties:

Banana, Watermelon, Pineapple, Peaches, Apples, Oranges, Grapes, Applesauce, Cantaloupe, Honeydew, Fruit Cocktail.

ALSO AVAILABLE

Soy butter and jelly sandwiches.
Pasta with homemade marinara sauce.